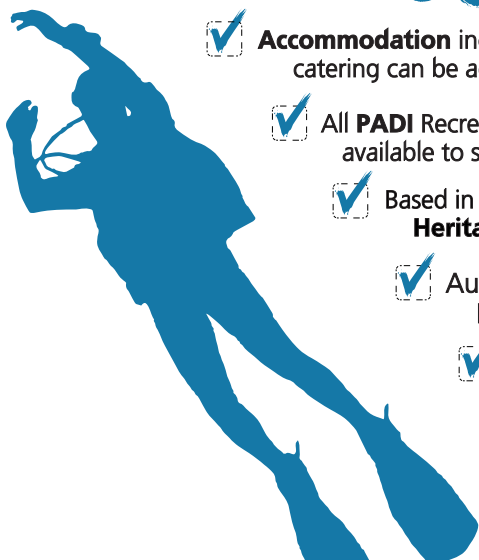


Why Choose Us...?



- ✓ **Accommodation** included & catering can be added if desired
- ✓ All **PADI** Recreational Dive Courses available to suit your dates
- ✓ Based in a **UNESCO World Heritage Site**
- ✓ Authorised **PADI 5 STAR Dive Center & Dive Resort**
- ✓ On-site **Heated Pool & Air-conditioned** classrooms
- ✓ **World Class Diving** in a Marine Protected Area

ASK ABOUT OUR GROUP RATE 4 GROUPS OF 8 OR MORE...

2022 Low Season:
PADI Scuba Diver.....R3820.00
Includes 4 Nights/ 2 Dives, Full Equipment & PADI Certification

Check in to
CORAL DIVERS
& checkout as a
 **PADI Diver**

SODWANA BAY • SOUTH AFRICA

PADI SCUBA DIVER

PADI SCUBA DIVER COURSES INCLUDE:

- ✓ **4 Nights Tent Accommodation** - upgrade from the FREE tent to a cabin at a discounted rate, or add meal packages
** Course price remains same if FREE tent not required
- ✓ **2 Training Dives, PADI Digital Materials & Certification**
- all dives conducted in the ocean
- ✓ **Full Equipment** - no need to purchase anything

EXCLUDES:

- ✗ **Park Entrance & KZN Fees** - payable at entry

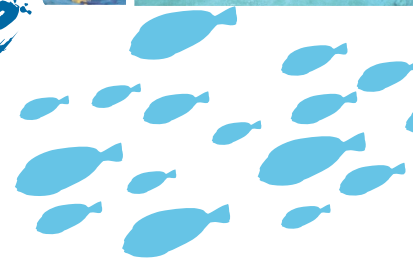
**Contact
US Now!**

email bookings@coraldivers.co.za
visit www.coraldivers.co.za





Enjoy the Experience



You've probably seen photos, television, and films of diving, but until you do it yourself, you can't really understand what it's like. Nothing on earth matches the sensations you experience – the thrill of breathing underwater, the freedom of "weightlessness", and all the unique sights and sounds.

Based in the iSimangaliso Wetland Park, we have a vast array of unspoiled coral reefs populated with a huge diversity of marine life. Over a year you can also experience the Marine Big 5 that includes Humpback Whales, nesting Sea Turtles, and the Ragged-tooth Sharks that seasonally visit Sodwana.



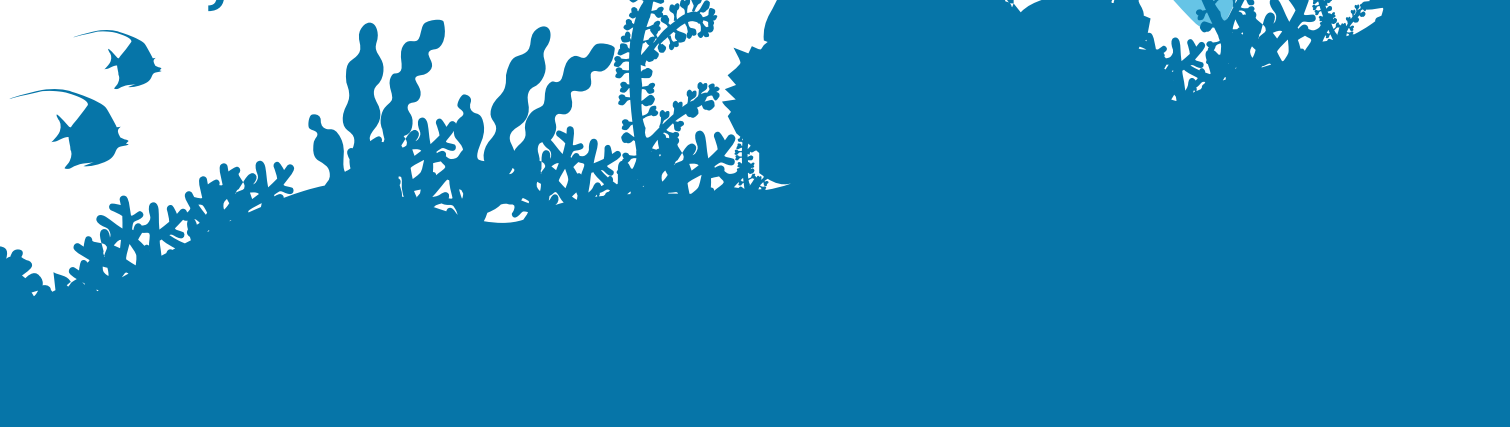
The PADI Scuba Diver certification opens these doors for you and much more. This is a partial entry certification that allows you to dive internationally, but only to a maximum depth of 12m. When you have more time, a simple 'upgrade' is all that is needed to take you to the full Open Water certification! (The PADI Scuba Diver rating is approximately 60% of the PADI Open Water Diver Course, and this still allows you to dive internationally.)

COURSE INFORMATION

The PADI Scuba Diver certification qualifies you to:

- Dive under the direct supervision of a PADI Dive Master while applying the knowledge and skills you learn in the course, within the limits of your training and experience.
- Purchase air fills, scuba equipment and other diving-related services.
- Plan, conduct and log open water dives up to 12m when accompanied by a buddy in conditions with which you are familiar.
- Continue your diver training with the PADI Open Water Diver course.

There is no better location for learning to Scuba Dive!





Course Structure

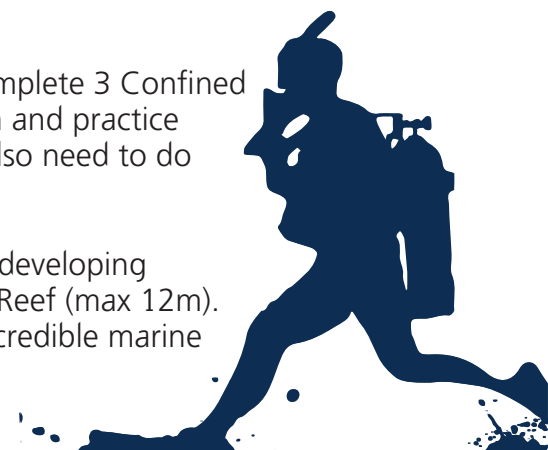
The PADI Scuba Diver course consists of three sections and each plays an important role.

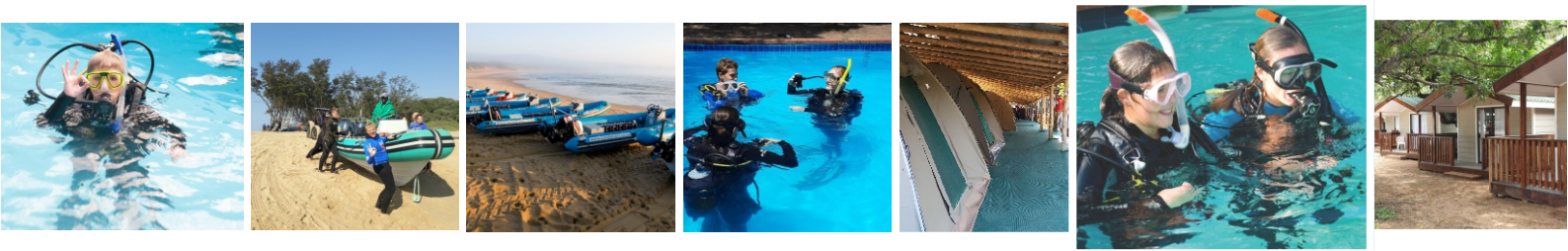
The **Knowledge Development Section** covers the dive principles and basic information you need to know to dive safely. You just need to complete the first 3 chapters of the PADI Open Water manual. Each chapter starts with your own independent study of the PADI Open Water manual and DVD. Small quizzes and a final knowledge review help reaffirm what you learn in each chapter. Your instructor will go through the knowledge reviews with you, completing any gaps in your knowledge. There is no final exam.

Your PADI manual is digital and is accessed via the PADI App. Why not get a head start on your studies before you arrive? This could help reduce the length of the course, giving you more chances to dive after the course (you get free gear hire when doing dives straight after your course!) Ask our reservations office for further details on bookings@coraldivers.co.za. **For an additional cost, you can purchase a 'PADI Premium Product' for a fully interactivational experience. With this, you can even take and pass the exam online... Ask us for more details.

Confined Water Dives are where the fun really begins! You will complete 3 Confined Water Sessions in our pool (heated in winter), during which you learn and practice diving skills under the direct supervision of your instructor. You will also need to do a 10 minute float and 200m swim.

Your 2 Open Water Dives complete your training as diver, by further developing your knowledge and dive skills. These 2 dives will be done on 2 Mile Reef (max 12m). After completing skills, you can finish the dive by experiencing the incredible marine life found in Sodwana Bay.





IMPORTANT INFORMATION

To qualify for the PADI Scuba Diver course, you must:

- Be 10 years of age or older. Students under the age of 15 years will receive the PADI Junior Scuba Diver certification (restrictions apply). Anyone aged under 18 years will require a parent/guardian to complete and sign some paperwork.
- Complete the PADI Medical Statement on this document (pages 6-8) and if you answer “**yes**” to any of the questions, you must acquire a clearance for diving signed by a doctor stating that you are ‘fit to dive’. The medical clearance must be valid within 12 months. The doctor signing the form cannot be the individual.

INCLUDES

Free accommodation for 4 nights in a Safari Tent. Our Safari Tents are basic budget accommodation and you need to bring your own bedding. You may upgrade** to a Standard Cabin or Ensuite Cabin if you prefer. **It is the difference in price between the cabin in question and the tent price. Full equipment hire is included in the course price, as well as the online manual and your PADI certification.

Catering is not included, but can be provided on a dinner and breakfast basis if you wish to add this. Please note that our course price does not include the iSimangaliso Park Gate Entry fee, the daily KZN Wildlife fee, or the MPA permit for divers. Our Reservations staff can assist you with a quote covering these fees.

EXTRA OPTIONS

Once you have completed your Scuba Diver course, you are eligible to continue directly on to your **Open Water Diver** course if you like. This will provide you with a ‘full’ certification and increase your confidence as a diver. However, the ‘upgrade’ to Open Water Diver takes 2 days, and is well worth it, as you will be able to continue increasing your diving skill set by being eligible for further courses like the PADI Advanced Diver and Rescue Diver courses.

FREQUENTLY ASKED QUESTIONS

Where is Coral Divers?

We are situated inside the iSimangaliso Wetland Park in northern KwaZulu-Natal. We are about a 4,5hr drive north of Durban and a 9hr drive from Johannesburg. Maps and directions are to be found on our website. **NB: The only tarred road route is via the town of Hluhluwe on the R22.** Many GPS and Google Maps show that turning off the N2 towards Jozini, as the route to take. Please **DO NOT** take this route, as it is heavily congested in Jozini and the road is in a bad state.

Do we get time off?

The first two days are pretty full, but you will have short breaks in between. The last days are less busy. Diving takes place in the morning, so you would have the afternoons off on the day you dive.

What is the accommodation like?

Your course includes FREE tent accommodation for 4 nights. You are most welcome to extend this, or upgrade to one of our cabins if you prefer. The rate for the upgrade is the difference in price between a tent and cabin depending on which season you book in. Extra nights are charged at the full current room rate. Each tent has twin beds with mattresses, but you will need to either bring your own bedding, or pay R100 refundable deposit for bedding. You will be able to collect this at our reception. There is an electric light, but no plug points in the tent. **NB: If you prefer not to take the offer of a FREE tent, the course price will remain the same.**

What is the restaurant menu like?

Diving can leave you with an appetite, so we are sure you will enjoy the varied menu available at our licensed restaurant. You can opt for our daily buffet if you would like to have dinner & breakfast included. **Please advise us of any special dietary requirement before you arrive.

What shops are in the area?

There is a small Spar Superette within the park (1km from Coral) where you can buy groceries, snacks and amenities. There is an ATM to draw money here too. Alternatively, Mbazwana (15km from Coral) has a large Spar & PEP. There is also a doctor, hardware store and Post Office.

Can I use a 2x4 vehicle to get there?

Most cars make it to Sodwana easily (from a 4x4 to a Chevy Spark). However, please note that you are in a marine reserve with sandy roads inside the park, so avoid really low suspensions or very hard tyres.

How old must I be?

Anyone over the age of 10 years may do the course. The junior rating is for ages 10-14 and from 15 and up, the full PADI rating is given.

Do I need a medical?

Diving is about having fun safely, so we need to ensure that everyone will run no risks. You are required to fill in the Dive Medical form, truthfully selecting the answers to questions on your health. If your answer raises concerns, you will need to do the PADI medical check-up at your doctor. The doctor must sign and state that you are 'fit to scuba dive'. Please bring the signed medical with you.





Diver Medical | Participant Questionnaire

Recreational scuba diving and freediving requires good physical and mental health. There are a few medical conditions which can be hazardous while diving, listed below. Those who have, or are predisposed to, any of these conditions, should be evaluated by a physician. This Diver Medical Participant Questionnaire provides a basis to determine if you should seek out that evaluation. If you have any concerns about your diving fitness not represented on this form, consult with your physician before diving. If you are feeling ill, avoid diving. If you think you may have a contagious disease, protect yourself and others by not participating in dive training and/or dive activities. References to "diving" on this form encompass both recreational scuba diving and freediving. This form is principally designed as an initial medical screen for new divers, but is also appropriate for divers taking continuing education. For your safety, and that of others who may dive with you, answer all questions honestly.

Directions

Complete this questionnaire as a prerequisite to a recreational scuba diving or freediving course.

Note to women: If you are pregnant, or attempting to become pregnant, do not dive.

1	I have had problems with my lungs, breathing, heart and/or blood affecting my normal physical or mental performance.	Yes <input type="checkbox"/> Go to box A	No <input type="checkbox"/>
2	I am over 45 years of age.	Yes <input type="checkbox"/> Go to box B	No <input type="checkbox"/>
3	I struggle to perform moderate exercise (for example, walk 1.6 kilometer/one mile in 14 minutes or swim 200 meters/yards without resting), OR I have been unable to participate in a normal physical activity due to fitness or health reasons within the past 12 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
4	I have had problems with my eyes, ears, or nasal passages/sinuses.	Yes <input type="checkbox"/> Go to box C	No <input type="checkbox"/>
5	I have had surgery within the last 12 months, OR I have ongoing problems related to past surgery.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
6	I have lost consciousness, had migraine headaches, seizures, stroke, significant head injury, or suffer from persistent neurologic injury or disease.	Yes <input type="checkbox"/> Go to box D	No <input type="checkbox"/>
7	I am currently undergoing treatment (or have required treatment within the last five years) for psychological problems, personality disorder, panic attacks, or an addiction to drugs or alcohol; or, I have been diagnosed with a learning or developmental disability.	Yes <input type="checkbox"/> Go to box E	No <input type="checkbox"/>
8	I have had back problems, hernia, ulcers, or diabetes.	Yes <input type="checkbox"/> Go to box F	No <input type="checkbox"/>
9	I have had stomach or intestine problems, including recent diarrhea.	Yes <input type="checkbox"/> Go to box G	No <input type="checkbox"/>
10	I am taking prescription medications (with the exception of birth control or or anti-malarial drugs other than mefloquine (Lariam).	Yes <input type="checkbox"/> *	No <input type="checkbox"/>

Participant Signature

If you answered **NO** to all 10 questions above, a medical evaluation is not required. Please read and agree to the participant statement below by signing and dating it.

Participant Statement: I have answered all questions honestly, and understand that I accept responsibility for any consequences resulting from any questions I may have answered inaccurately or for my failure to disclose any existing or past health conditions.

Participant Signature (or, if a minor, participant's parent/guardian signature required).

Date (dd/mm/yyyy)

Participant Name (Print)

Birthdate (dd/mm/yyyy)

Instructor Name (Print)

Facility Name (Print)

* If you answered **YES** to questions 3, 5 or 10 above **OR** to any of the questions on page 2, please read and agree to the statement above by signing and dating it **AND take all three pages of this form (Participant Questionnaire and the Physician's Evaluation Form) to your physician** for a medical evaluation. Participation in a diving course requires your physician's approval.

Diver Medical | Participant Questionnaire Continued

BOX A – I HAVE/HAVE HAD:		
Chest surgery, heart surgery, heart valve surgery, an implantable medical device (eg, stent, pacemaker, neurostimulator), pneumothorax, and/or chronic lung disease.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Asthma, wheezing, severe allergies, hay fever or congested airways within the last 12 months that limits my physical activity/exercise.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
A problem or illness involving my heart such as: angina, chest pain on exertion, heart failure, immersion pulmonary edema, heart attack or stroke, OR am taking medication for any heart condition.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Recurrent bronchitis and currently coughing within the past 12 months, OR have been diagnosed with emphysema.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Symptoms affecting my lungs, breathing, heart and/or blood in the last 30 days that impair my physical or mental performance.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
BOX B – I AM OVER 45 YEARS OF AGE AND:		
I currently smoke or inhale nicotine by other means.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
I have a high cholesterol level.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
I have high blood pressure.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
I have had a close blood relative die suddenly or of cardiac disease or stroke before the age of 50, OR have a family history of heart disease before age 50 (including abnormal heart rhythms, coronary artery disease or cardiomyopathy).	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
BOX C – I HAVE/HAVE HAD:		
Sinus surgery within the last 6 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Ear disease or ear surgery, hearing loss, or problems with balance.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Recurrent sinusitis within the past 12 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Eye surgery within the past 3 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
BOX D – I HAVE/HAVE HAD:		
Head injury with loss of consciousness within the past 5 years.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Persistent neurologic injury or disease.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Recurring migraine headaches within the past 12 months, or take medications to prevent them.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Blackouts or fainting (full/partial loss of consciousness) within the last 5 years.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Epilepsy, seizures, or convulsions, OR take medications to prevent them.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
BOX E – I HAVE/HAVE HAD:		
Behavioral health, mental or psychological problems requiring medical/psychiatric treatment.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Major depression, suicidal ideation, panic attacks, uncontrolled bipolar disorder requiring medication/psychiatric treatment.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Been diagnosed with a mental health condition or a learning/developmental disorder that requires ongoing care or special accommodation.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
An addiction to drugs or alcohol requiring treatment within the last 5 years.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
BOX F – I HAVE/HAVE HAD:		
Recurrent back problems in the last 6 months that limit my everyday activity.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Back or spinal surgery within the last 12 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Diabetes, either drug or diet controlled, OR gestational diabetes within the last 12 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
An uncorrected hernia that limits my physical abilities.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Active or untreated ulcers, problem wounds, or ulcer surgery within the last 6 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
BOX G – I HAVE HAD:		
Ostomy surgery and do not have medical clearance to swim or engage in physical activity.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Dehydration requiring medical intervention within the last 7 days.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Active or untreated stomach or intestinal ulcers or ulcer surgery within the last 6 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Frequent heartburn, regurgitation, or gastroesophageal reflux disease (GERD).	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Active or uncontrolled ulcerative colitis or Crohn's disease.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>
Bariatric surgery within the last 12 months.	Yes <input type="checkbox"/> *	No <input type="checkbox"/>

Diver Medical | Medical Examiner's Evaluation Form

Participant Name

Birthdate

(Print)

Date (dd/mm/yyyy)

The above-named person requests your opinion of his/her medical suitability to participate in recreational scuba diving or freediving ~~training or activity~~ Please review the following medical conditions as they relate to diving. Review the areas relevant to your patient as part of your evaluation.

Evaluation Result

Approved – I find no conditions that I consider incompatible with recreational scuba diving or freediving.

Not approved – I find conditions that I consider incompatible with recreational scuba diving or freediving.

Signature of certified medical doctor or other legally certified medical provider

Date (dd/mm/yyyy)

Medical Examiner's Name

(Print)

Clinical Degrees/Credentials

Clinic/Hospital

Address

Phone

Email

Physician/Clinic Stamp (optional)

Created by the [Diver Medical Screen Committee](#) in association with the following bodies:

The Undersea & Hyperbaric Medical Society

DAN (US)

DAN Europe

Hyperbaric Medicine Division, University of California, San Diego